



ATAR course examination, 2021

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Basketball

Time allowed

Preparation: 30 minutes
Examination: 60 minutes (30 minute performance)

Materials required

To be provided at the venue

Non-personal equipment required for Basketball

To be provided by the candidate

Non-marking athletic shoes

Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of practical examination
Skills performance	30	50
Conditioned performance	20	50
Total		100

Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or a white shirt for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and you will be directed to a supervised warm-up area.
5. Just prior to the scheduled examination time you will be escorted from the warm-up area to the examination area.
6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2021* document.

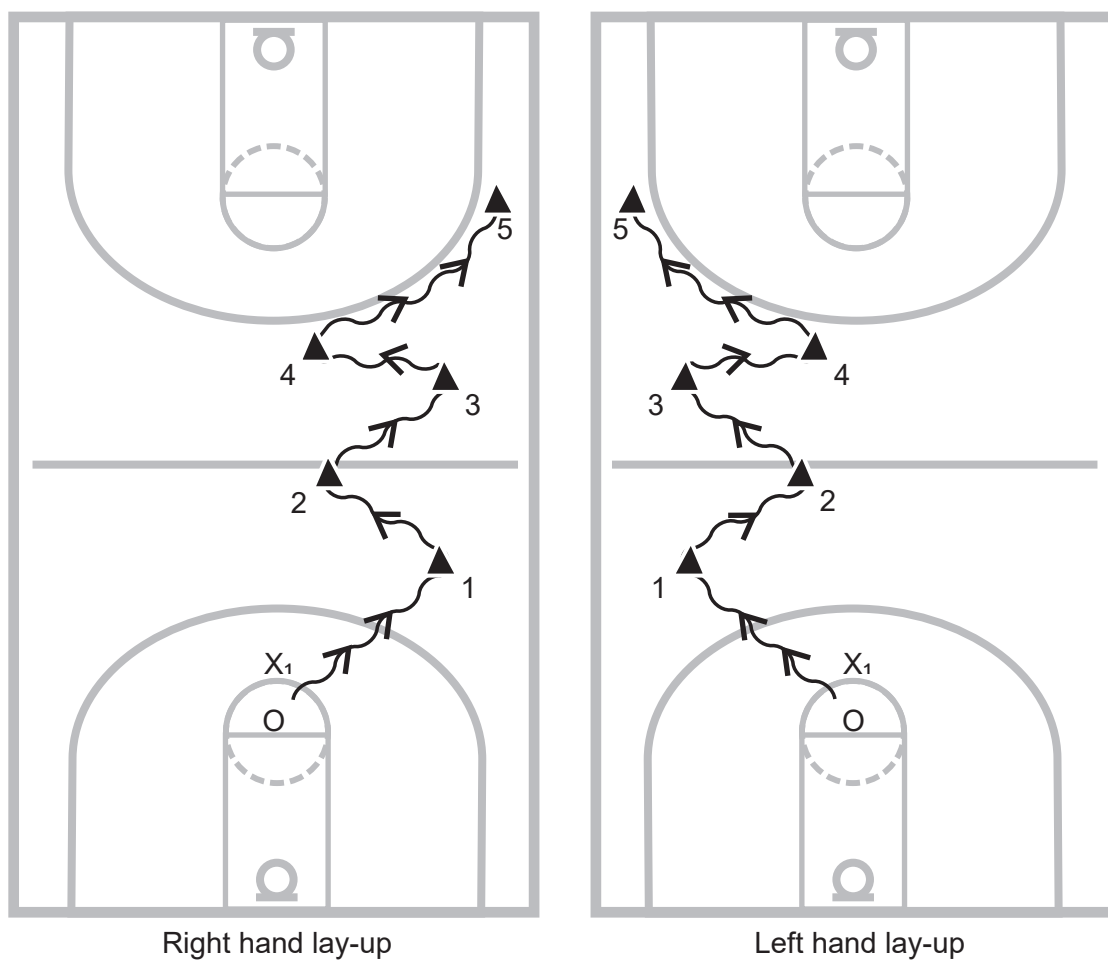
SECTION ONE – Skills Performance

1. Skills set

(30 marks)

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Control dribble	Lay-up	Defence – on ball containment	Leading – wing lead	Shooting – one dribble jump shot

Drill #1: Control dribble, Lay-up

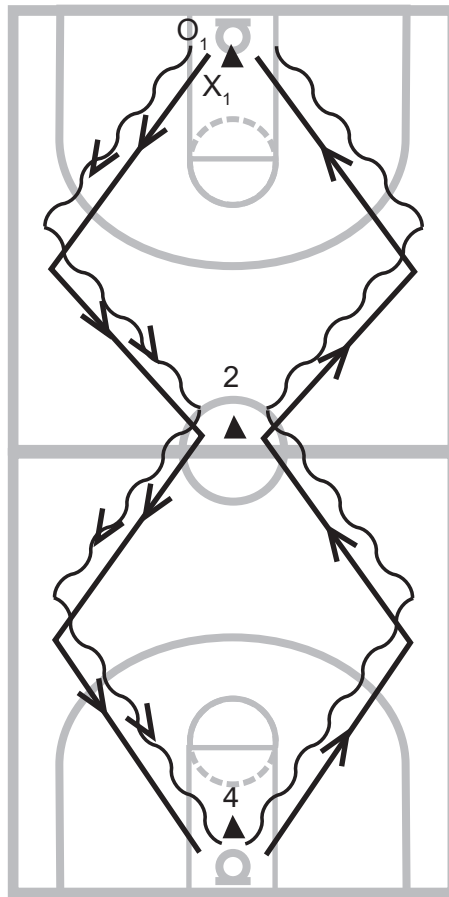


Key X = defensive player
O = offensive player
wavy line = dribble

→ = player movement
▲ = marker

Drill description

1. Player O starts with the ball at the free throw line opposite end and executes a control dribble to the markers from 1 – 5 with a passive defender X₁.
2. Player must demonstrate both a variety of change of direction dribbles at each marker. Player X₁ drops off at ▲ 4.
3. At ▲ 5, player then executes a right hand lay-up.
4. Player then changes sides and repeats the drill but executes a left hand lay-up.

Drill #2: Defence – on ball containment

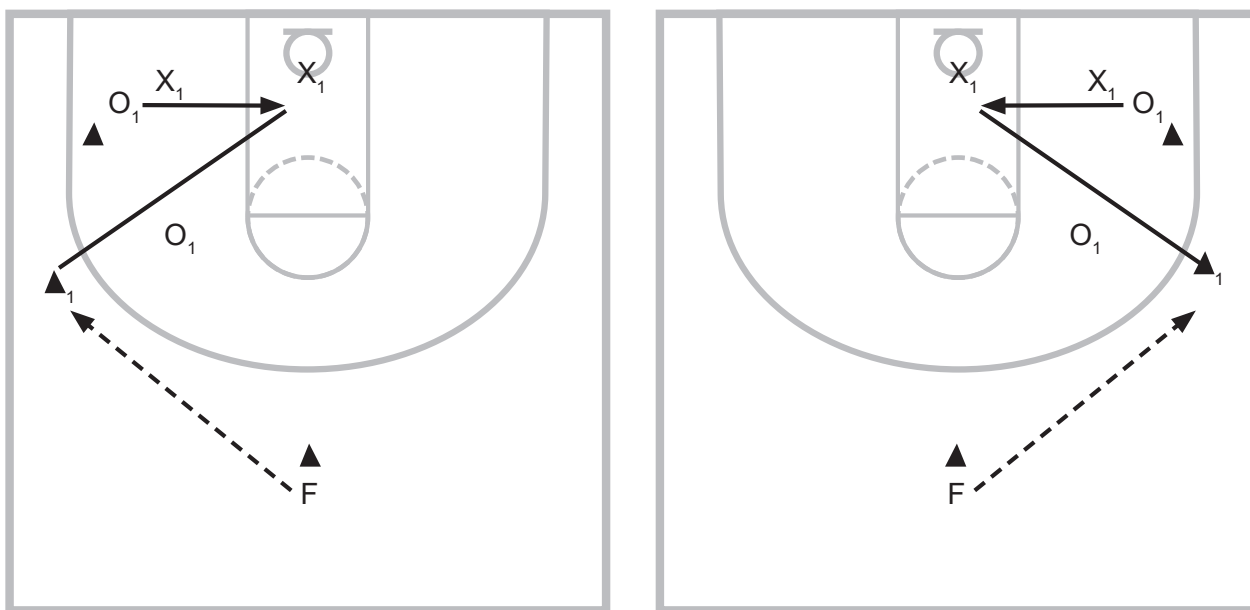
Key	X	= defensive player
	O	= offensive player
	O•	= offensive player has ball
	-----	= ball movement
	→	= player movement
	▲	= marker
	∞∞∞	= dribble

Drill description

1. Player O_1 starts with the ball on the baseline.
2. Player X_1 starts in a defensive position on player O_1 .
3. Player O_1 dribbles down the court in a zig-zag pattern medium intensity, changing direction if defence slides across.
4. Player X_1 demonstrates defence – on ball containment on player O_1 as they dribble down the court and change direction.
5. Player X_1 must demonstrate a drop step for each change of direction, sprint to recover if beaten.
6. Players X_1 and O_1 move to the other side and repeat.

See next page

Drill #3: Leading – wing lead, Shooting – one dribble jump shot



Key

- F = feeder
- X = defensive player
- O = offensive player
- = ball movement
- = player movement
- ▲ = marker

Drill description

1. Player O_1 starts on the marker with defender X_1 on inside. Player O_1 leads into the keyway for the wing lead.
2. Defender X_1 stays in keyway, player O_1 performs wing lead to outside keyway and receives pass from feeder, at marker 1 outside the 3 point line.
3. Player O_1 squares up to the basket and performs a one dribble jump shot.
4. Player O_1 executes one dribble jump shot to the middle and the baseline.
5. Repeat on the other side.

See next page

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Half court or full court
SPECIFY NUMBER OF PLAYERS	4 vs 4 or 3 vs 3 or 5 vs 5
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	<p>Create scoring opportunities starting with an out of bounds pass-in from the half way line.</p> <p>Defence aims to restrict offence and attempt to gain possession in order to move the ball into their offensive half, play continues until a score by either team.</p>
SPECIFY ROLES OR GOALS OF PLAYER(S)	<p>Maximise points for the team.</p> <p>or</p> <p>Restrict offensive players, gain possession.</p>
SPECIFY OPTIONS, RULES AND/OR RESTRICTIONS	Team members may be changed during this conditioned performance.

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